



Nutrition Sites....

Serving Steuben County

The meals are provided by Aging and In-Home Services of N.E. Indiana, Inc. Please make reservations 24 hours in advance.

*Brockville Commons 260-495-1757
Elliott Manor 260-665-2932
Hamilton 260-488-2311*



Homebound Meal Program

*Arrangements for a homebound meal can be made by calling :
1-800-552-3662*

*Aging and In-Home Services
of N.E. Indiana, Inc.
Assists older adults and disabled.
Special waiver for fragile children.*



Telephone Reassurance

Living alone is frightening for frail or ill older adults. This program reaches older adults through regular phone calls, helping them feel secure and safe in their own homes. Volunteers check on the person's well-being and define emergency situations when necessary.

SHIP

*Senior Health Insurance Program
SHIP is a information program that gives qualified, objective free assistance to senior citizens and other Medicare beneficiaries, who have concerns or questions about their health insurance. A SHIP representative is available*

Tax Assistance

Volunteers, trained through the IRS, assist older adults and low income persons with preparation of tax forms.

Senior Sunshine Newsletter

The monthly newsletter is published by the COA office manager. The purpose is to provide you with updated information about health, nutrition, assistance programs, local events and activities at the Senior Center and Adult Day Service Program.

The Senior Sunshine is now available on-line to view or download at our web page along with more information about our agency

www.steubencountycouncilonaging.org

Volunteer Opportunities

Volunteers are a very important part of many services provided by the Steuben County Council on Aging. Our agency continues to expand the volunteer efforts and invite interested persons to contact us for volunteer opportunities.

The Good That People Do

Lives On After Them....

When you are planning your will, please consider the good you could do through a bequest to the Steuben County Council on Aging, Inc. Your bequest would provide vital service to our community's frail elderly. Thus, through service provided in their own homes, older adults can live healthier, happier lives, preventing premature institutionalization.

Transportation & Homemaker, Services

are funded in part through TITLE III of the Older Americans Act, Social Service Block Grant, and C.H.O.I.C.E distributed through Aging and In-Home Services of N.E. Indiana, Inc.

Steuben County Council on Aging Inc.



Mission Statement

To enable Senior Citizens to maintain their independence by enhancing their total quality of life.

Check out our new web page

www.steubencountycouncilonaging.org

**317 South Wayne Street
Suite 1-B**

Angola, Indiana 46703

260-665-9856

Fax 260-665-5247

steubenco@yahoo.com



Senior Center

Monday – Friday
8:00 am – 4:00 pm

- * Exercise Groups/Machines
- * Cards
- * Day Trips
- * Foot Clinic
- * Health Programs
- * Hear Care
- * Educational/Informational Programs
- * Library
- * Social Gatherings & Entertainment

Bring a friend for enjoyment and socialization. Stop in and join the fun!

The Steuben County Council on Aging

is staffed with dedicated people who are committed to assisting older adults and persons with disabilities, so that they are able to remain independent in the home of their choice with dignity, thus preventing premature institutionalization.

The Council on Aging is a not-for-profit agency funded by the following:

- * Title IIIB, Older Americans Act
- * Social Service Block Grant
- * Medicaid and Medicaid Waiver
- * C.H.O.I.C.E.
- * County Commissioners, Trustees
- * City of Angola & Fremont
- * Church Groups & Service Clubs
- * Steuben County United Way
- * Foundations/Grants
- * Private Donations
- * Fund Raising
- * REMC Operation Round-up Grants



Transportation

The Council on Aging offers specially designed vans with wheel chair lifts to assist older adults and disabled persons with transportation needs county-wide. Trips include: Medical appointments, nutrition sites, grocery store, social service and other necessary trips, such as general shopping, laundry, post office, bank, business, employment, visiting and the Senior Center. Donations are welcome from persons 60 years and over. Non-Seniors are transported at Medicaid approved rates.

Please call 24 hours in advance to schedule all trips.
Monday-Friday 8AM-4PM
The COA is an approved Indiana Medicaid provider.

Homemaker

This program provides general housekeeping service for older adults and persons with disabilities who can maintain independent living but need help with household tasks. Homemakers also provide errand service by obtaining prescriptions, groceries, and other household items, they also escort clients to medical appointments and carrying out necessary business transactions according to the client's wishes. Donations help provide much needed additional services, and are appreciated.

Handyman

Maintaining a home can be difficult for older adults. This service provides help with minor repairs, and can also provide some seasonal yard work. Smoke alarms are available.

** The Council on Aging acknowledges and observes the rights of all individuals, and is actively serving older adults, persons with disabilities, and low income families without any discrimination.

Adult Day Service Program

Our friendly staff provides care and physical and mental stimulation for functionally impaired adults, including persons with Alzheimer's disease. It allows clients the opportunity to make new friends and to participate in activities. The Center allows families relief time from their care giving responsibilities.

Daily activities include:

- ** Exercise and Games
- ** Hot Lunch and Snack
- ** Frequent Musical Entertainment
- ** Memory Reinforcement
- ** Social Interaction and Stimulation

Roberta Kritzer LPN,
317 S Wayne St., Suite 1B
Angola, IN 46703
260-665-9856

Information & Referral

We believe all persons have the right to know what is available to help them care for themselves. The Council on Aging staff can help provide this information to you. We provide a wide range of information from all over the Steuben County. If we can help you let us know, we are here for you! 260-665-9856

